

当院で施術を行った VASER 4D Sculpt の症例報告

Case reports of VASER 4D Sculpt performed in THE CLINIC

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■抄録

脂肪吸引は日本でも美容外科手術として、確固たる地位を確立している。

脂肪吸引はただ単に脂肪を吸引してボリュームを落とすという考え方にとどまらず、通常のダイエットでは難しい美しい輪郭を作るができる施術でもある。この立体を作る脂肪吸引技術は VASER 4D Sculpt と呼ばれ、3D (立体) に動き (Dynamic) の要素を加えたデザインを施す。

具体的には男性の場合、より男性的で、筋肉質に見える様に、腹直筋、外腹斜筋、前鋸筋、大胸筋、三角筋、上腕二頭筋、上腕三頭筋などの陰影をつけ、時には大胸筋内に脂肪を注入し胸板を厚く見せる施術も同時に行う。

女性はより健康的、かつフェミニンに見せるように腹直筋、大臀筋に陰影をつけ、同時に脂肪注入による豊胸や豊尻を行う。

今回、当院で行われた VASER 4D Sculpt の施術例よりいくつかの症例を若干の考察を交えて報告する。

■Abstract

Liposuction as cosmetic surgery in Japan has progressed as an available technique.

We can perform liposuction for not simply decreasing the volume , but also making the beautiful contours even if it is difficult to do by ordinary weight losing with hard exercise.

This liposuction technique which makes three-dimensional body line is called the `VASER 4D Sculpt`. `4D` means to perform liposuction by adding the design of 3D (three-dimensional) to the movement (Dynamic). Specifically, for men, we emphasized the shade of the masculine in such as rectus abdominis, external oblique muscle, serratus anterior, pectoralis major, deltoid, biceps and triceps. Sometimes we also perform fat grafting into the pectoralis major for thick chest .For women, we emphasized the shade of the muscle in such as rectus abdominis muscle and the gluteus maximus, and perform breast and hip augmentation by fat grafting at the same time.

In this presentation, some of the cases of VASER 4D Sculpt that have been performed in our clinic are reported with some consideration.